



This Spring, Avoid the Fall

Slips, trips and falls are among the leading causes of injury to Kaiser Permanente workers. Take a safety walk to identify and reduce or eliminate potential hazards in your workplace.



Clean up spills quickly to prevent slips.



To prevent trips, clear clutter and secure loose cords.



Holding the handrail can reduce the risk of falls on stairs.

This month help your team prevent slips, trips and falls.

Here's what you can do:



1. TAKE A SAFETY WALK

Engage your co-workers in a conversation about safety. Ask where is the next slip, trip or fall likely to occur?



2. WRITE DOWN THEIR ANSWERS

Choose one issue to discuss with your UBT co-leads. It could become your next UBT project.



3. FOLLOW-UP AND PREVENTION

Inform your co-workers what to do after a slip, trip or fall.

HINT: Share the sidebar tips. →

What should you do after a FALL?

First, seek medical attention if needed, then do an assessment of what conditions led to the incident.

F Floor

Where did the slip, trip or fall occur?
What type of flooring is in the location?
Was there a level change?

A Assess

What caused the slip, trip or fall? Were there obstructions present, like cords or boxes?
Was weather a factor?

L Layout

Be specific and detailed about the location of the slip, trip or fall. What does the environment look like? Inside, outside, adequate lighting?

L Learn

What can be learned and corrected to prevent another slip, trip or fall in this area?
Can your unit-based team create a safety project around this issue?