



## PUZZLES AND GAMES



**LMP** LABOR MANAGEMENT PARTNERSHIP

### HANK LIBS: Healthy and happy

**DIRECTIONS:** Before reading on, hand this to a fellow employee and ask him or her to read aloud the description for each blank and write the answer you give in the space.

Getting \_\_\_\_\_ is good for us, our patients and the \_\_\_\_\_. It's pretty easy to  
( adjective ) ( noun )

get \_\_\_\_\_. Taking the total health \_\_\_\_\_ is a good place to start.  
( verb "past tense" ) ( noun )

Making \_\_\_\_\_ changes to your diet like getting five servings of \_\_\_\_\_.  
( adjective ) ( plural noun )

and \_\_\_\_\_ a day is another easy fix. Put some extra \_\_\_\_\_ in your day by  
( plural noun ) ( noun )

\_\_\_\_\_ the stairs or choosing a parking \_\_\_\_\_ at the far end of the lot.  
( verb "ing" ) ( noun )

Unleash your inner \_\_\_\_\_ with \_\_\_\_\_. Recess—crank up the tunes and bust a  
( noun ) ( adjective )

\_\_\_\_\_ for a few minutes. Encourage your co-workers and friends and have fun!  
( verb )

Use LMP puzzles and games to provide some fun in meetings while reinforcing partnership concepts. Visit [LMPartnership.org/tools/puzzles-and-games](http://LMPartnership.org/tools/puzzles-and-games) for puzzles, games, meeting icebreakers and more.

