



COVID-19 Boosters: An Important Way to Stay Healthy

Boosters are now recommended for everyone 12 and older



Please share the latest information about COVID-19 boosters at huddles and unit-based team meetings.

- + COVID-19 vaccines are a powerful and vital tool to prevent severe illness, but recent data shows protection can wane over time. At this stage of the pandemic, getting a COVID-19 booster is an important way to protect your health.
- + The Centers for Disease Control and Prevention now advises that everyone age 12 and older get a COVID-19 booster.
- + Kaiser Permanente's infectious disease experts continue to recommend COVID-19 vaccinations, including getting a booster when eligible.
- + For people who received their primary vaccination with either the Moderna or Pfizer vaccine, a booster dose should be administered 5 months after full vaccination (following the second dose).
- + For people who received their primary vaccination with the single-dose Johnson & Johnson vaccine, a booster dose can be administered 2 months after the first vaccination.
- + Employees may use up to 2 hours of paid time to get their booster. KP encourages employees to be vaccinated at a KP facility but permits them to receive boosters at the location of their choice, including retail pharmacies.
- + In addition to getting your COVID-19 booster, it is still important to take other precautions. Protect yourself, your families, and our members from the virus by wearing a mask, washing your hands and practicing physical distancing.
- + To get the latest information and make an appointment for your COVID-19 booster dose, go to kp.org/covidvaccine.

Thank you for doing your part to protect yourself, your patients, your family, and our communities by getting the COVID-19 booster.